



# change

that works  
**for your family**

Does your child...

- Use aggressive behaviors?
- Have trouble staying on task?
- Remain non-verbal?
- Lack social skills?
- Have trauma issues?
- Display behaviors that prevent you from taking him or her into the community?

These behaviors could be symptoms of a mental health diagnosis - Community Alternatives can help.

for more information please call  
**800.332.1208**  
or visit our website  
[www.communityalt.org](http://www.communityalt.org)



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# adjust

the  
**wraparound  
process**



# the way forward:

what is wraparound,  
and how does it work?

Also known as Behavioral Health Rehabilitation Services, Wraparound is a great way to improve the lives of children and families who have complex needs. It provides short term individual, family-centered therapeutic services in home, community, or educational settings.

During the Wraparound process, a Child and Family Team develops an individualized service plan. This team includes the family, the child (if appropriate), service providers, BSU representatives, and other support staff, who collectively develop measurable goals and outcomes.

These goals are reviewed periodically and changes are made as needed. Each child's progress is rigorously monitored and reviewed through weekly supervision.



# team-based support can produce big results

Wraparound is a team-orientated process. You and your child will always have a choice about the services you receive, a voice in the manner in which you receive services, and ownership of the decisions that affect your lives.



## Who qualifies for BHRS?

Any child or adolescent who (a) has a mental health diagnosis given by a psychiatrist or licensed psychologist; (b) is eligible to receive medical assistance or is enrolled in Health Choices that covers wraparound; or (c) has received documentation from a psychiatrist or licensed psychologist stating that Wraparound services are medically necessary.

## The Planning Process

The Wraparound planning process involved team-building and creative service development. We follow CASSP principles in developing this approach:

- Child-centered, family-focused, and community-based.
- Multi-system, culturally competent, least restrictive, and least intrusive.

## The Service Team

### Therapeutic Staff Support (TSS):

- Provides one-on-one interventions when behavior requires a more restrictive treatment or educational setting.
- Assists with behavior modification, emotional support, time-structuring activities, and timeout strategies.
- Supervised by a Master-level mental health professional.

### Mobile Therapist (MT):

- Provides intensive therapeutic treatment in settings other than a provider agency or office.
- Assesses client strengths and therapeutic needs.
- Includes the child as a participant in his or her own treatment, and includes family members as partners in treatment.

### Behavioral Specialist Consultant (BSC):

- Designs and directs the implementation of individualized behavior modification plans.
- Provides specific expertise in behavioral management techniques (which cannot be delivered by a TSS Mobile Therapist).
- Assesses program design and monitors the client progress

## Qualifications

Each member of our service team is qualified at a high level, with all appropriate degrees, experience, and professional training. They're here to answer your questions and assist in any way possible. For more information, please visit [www.communityalt.org](http://www.communityalt.org).